

HIGH-PERFORMANCE SPORTS PRIZE APPLICATION FORM

Applications close: Friday 28 November 2025 | 5.00pm

Return your completed application to: sportingexcellence@mlc.wa.edu.au

APPLICANT DETAILS

Full Name: _____

Date of Birth: ____ / ____ / ____

Current School: _____

Current Year Group: _____

Home Address: _____

Parent Name: _____

Parent Email: _____

Parent Phone: _____

SPORTING INFORMATION

Main Sport: _____

Club (if applicable): _____

PERSONAL BEST TIME / DISTANCE / SCORES OVER THE LAST 12 MONTHS (IF APPLICABLE)

Event	Times/Distance/Scores	Date Achieved	Meet/Event Where Achieved	Evidence Provided? (Y/N)	

RANKING / REPRESENTATIVE HONOURS OVER THE LAST 12 MONTHS

Team sports – highest achievements including development training squads (evidence must be supplied)

State Level (e.g. WA Under 15 team):

National Team (e.g. Australian Under 18 School Girls):

Individual sports – highest achievements including development training squads (evidence must be supplied)

State Ranking (e.g. 2nd in 14yrs 50m Butterfly):

National Ranking (e.g. 6th in 15yrs Discus):

OUTLINE ANY OTHER SIGNIFICANT SPORTING RESULTS OVER THE LAST 12 MONTHS

- 1.
- 2.
- 3.

Please include proof of performance.

This may include SSO or NSO letter of selection, media clippings, webpage results link, official results or photographic/video evidence.

OUTLINE HOW YOU INTEND TO REPRESENT THE COLLEGE IN SPORT IN 2026

SHORT AND LONG TERM GOALS

Sporting Goals – Short Term:

Sporting Goals – Long Term:

CURRENT TRAINING TIMETABLE FOR ALL SPORTS AND ACTIVITIES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Before school							
During school							
After school							

WHY SHOULD YOU BE CONSIDERED FOR A HIGH-PERFORMANCE SPORTS PRIZE AT MLC?

COACH'S REFERENCE

The reference must be completed by a school coach or teacher, or a recognised club or regional, state or national coach in the candidate's chosen activity.

Coaches—please note that students awarded a High-Performance Sports Prize are expected to represent the College in sport throughout the year.

Candidate's Name: _____ Sport: _____

Coach's Name: _____ Mobile: _____

How long have you coached the candidate? _____

IN YOUR OPINION, WHAT ARE HER PARTICULAR STRENGTHS?

AND WEAKNESSES?

WHY SHOULD SHE BE CONSIDERED FOR A HIGH-PERFORMANCE PRIZE FOR SPORT?

Coach's Signature: _____

Date: ____ / ____ / _____