

ALUMNI MENTORING AT MLC



METHODIST
LADIES'
COLLEGE

The MLC Collegians' Association aspires to instil a supportive, collegial culture within our vibrant network of Alumni. Alumni Mentoring at MLC will allow us to guide Collegians on their individual journeys following their secondary education.

Alumni Mentoring at MLC will significantly enhance the developing careers of Collegians with the support of others.

Our aim is to create a network of Collegians mentors to assist other Alumni who are taking part in tertiary study, at the beginnings of their career, contemplating a career change or hoping to gain leadership skills. Mentees will benefit from the industry knowledge and expertise of their mentor.

PROGRAMME OBJECTIVES

Through this one-on-one mentoring programme, we aim to:

- Continue to provide support to our Collegians by assisting them to develop skills to manage their future careers;
- Prepare Collegians for transition to the workplace from tertiary education or into a new workplace;
- Provide mentees with an opportunity to establish a relationship with an industry professional; and,
- Encourage the development of valuable leadership skills.

INFORMATION FOR MENTORS

As a mentor you will be asked to commit to at least 10 hour-long sessions over the course of one year to meet with your mentee one-on-one. The times and locations of these mentoring sessions can be scheduled to suit both the mentor and mentee.

The College will match you with a mentee who will benefit from your assistance and advice based on your experience and expertise.

You will be introduced to your mentor at a welcome event or via email depending on the time of the year that you join the programme.

There are no obligations to provide work experience opportunities or internships, the programme is simply an opportunity to gain advice and support. Your sessions should provide a safe environment for your mentee to ask open questions.

As a mentor you will support a Collegian by:

- **Sharing knowledge, advice and experiences that will enhance the professional development of the mentee;**
- **Providing your mentee with advice on how to gain skills which will assist them in their transition into the workplace;**
- **Providing encouragement and honest feedback to your mentee to enrich their learning experience; and,**
- **Assisting your mentee in their decision-making processes by listening, sharing and reviewing options.**

Please note: you should be able and willing to invest time and effort into your relationship with your mentee and should fulfil your commitment to support them in their career journey.

BENEFITS TO MENTORS

By participating in this programme mentors will:

- Enhance leadership, coaching and communication skills;
- Obtain personal satisfaction from having an effect on the career development of another Collegian;
- Partake in networking opportunities at the College's mentoring related events; and
- Hear fresh perspectives from future members of your profession.

To register as a Mentor, please complete the Mentor Registration Form and return to the College.

INFORMATION FOR MENTEES

As a mentee, you will partake in at least 10 hour-long sessions with a mentor whose advice will benefit your professional development. This mentor will provide you with valuable insight into the career you hope to take part in the future.

You will be introduced to your mentor at a welcome event or via email depending on the time of the year that you join the programme.

WHAT MAKES A GOOD MENTEE?

As a Mentee we would hope you will be:

- Receptive to feedback provided by the mentor;
- Open to new ideas and learning new skills;
- Willing to communicate your expectations from your mentor;
- Committed to achieving your future career goals and therefore committed to professional improvement; and,
- Able to manage your time appropriately and be flexible to your mentor's schedule.

BENEFITS TO MENTEES

By participating in the programme mentees will:

- Develop new skills that will assist in gaining future employment in a chosen profession;
- Enhance individual gifts and develop valuable leadership skills;
- Be provided with feedback from mentors as to what employers are seeking in potential employees in the industry;
- Broaden your understanding of the industry you are interested in entering; and,
- Build your professional and personal network.

To register as a Mentee, please complete the Mentee Registration Form and return to the College.